

# HOLIDAY

HOW TO LOOK AFTER YOUR HAIR ON HOLIDAY

## PROTECT YOUR HAIR –

Protect your hair against the damaging effects of salt water, chlorine and UV rays. We recommend purchasing the Nutri-Care 10 Actions Spray. This is all the protection you need in 1 bottle, which makes it even more luggage friendly.

## GIVE YOUR HAIR A DETOX –

After a day in the sun and exposure to sea or pool water, your hair is in need of a detox. We recommend investing in either Fanola Purity or Olaplex No.4C. Both of these will cleanse out any impurities like minerals, product build up and environmental build up. They also help to replenish moisture which may have been lost throughout the day.

## SMOOTH & RESTORE –

Fanola Nourishing & Smoothing Range nourishes your hair and repairs damage which may have been caused by UV rays. The conditioner is enriched with Argan Oil, Linseed Oil & Milk Proteins to target any signs of damage to leave your hair looking and feeling its best.

## CHOOSE YOUR TOOLS WISELY –

It is more important than ever to be gentle with your hair when you're on holiday. Tangle Teezer's The Wet Detangler or Olivia Garden's Bore Bristle Brush is the perfect brush to take away with you on your summer holiday. These brushes glide through your hair, combing through knots and tangles without pulling on your hair.

## USE A HAIR MASK –

This step is essential once you're home from your break in paradise. Using a deeply hydrating hair mask will replenish all the moisture lost from your locks. Fanola's Nutri Care Restructuring Mask is packed full of Milk Proteins, Aloe Vera and Linseed Oil, Also repairing split ends and restoring flawless shine to the hair.

